

Meet Director Notes – Bike – Camp Stem

Fees & Start time

Registration begins at 9:00, earlier if I'm ready. Starts begin at 10:15. Everyone should be off the courses by 4:00. The meet fee is \$10 for members and \$15 for non-members. I am setting up primitive camping, please let me know if you are camping since I have limited spots. \$10 cost for camping Friday and Saturday night.

Weather Permitting

If rainy conditions happen – the bike portion of the meet will be canceled even though the foot meet will happen rain or shine. If we are aware of weather issues we will post on our website at www.olou.org and on our Facebook page.

Course Overview

There are two courses. Course 1 has 12 controls and is 5.3KM as the crow flies. It bounces around on the North side of the developed camp area then takes a rough footpath to an area of old roads. Some roads are really nice riding while others are overgrown. Most controls are right next to the trail or road. There are places where I had to dismount and walk the bike due to tree across trail, too steep or too rough. (I don't have a lot of experience but some of these trails/roads have not been used by bikes before). This course is a point to point course using electronic controls. We will go over the map before you head out since it is a foot map and you may need more info to properly make route choices.

Course 2 has 14 controls and is 6.6KM as the crow flies. It bounces around on the South side of the developed camp area then takes an old road across the large valley before climbing back up to a hill top area of pipe lines and gravel roads. Since the old road is largely washed out in the valley a couple controls have been placed in this area with the sole purpose to help you navigate thru this area.

You can do the courses in any order. I'm just trying to get everyone off the courses by 4:00 so pick up can begin.

Maps

You will receive two maps. One for each of the courses. The scale on both is 1: 10,000. The contour interval is 5 meters. **The maps are pre-printed with the control locations.** You can use the mowed gas pipelines in your routes, but please avoid the gas well heads. They are marked on your map with black circles. And no smoking anywhere near them! You will receive a clue sheet which shows what feature you are looking for at each control.

Gear & Equipment

You should carry plenty of water + electrolytes. It is August and it will be hot. You will find a compass very helpful. If you come to the meet you are my friend so to make your race enjoyable please **use bug protection.** It is August which is **chigger season!** Some did not heed my advice last year and no longer talk to me. This is one of our toughest maps. It is very steep, there are bugs, poison ivy, wet creek crossings, stinging nettles and thorns. Please dress accordingly.